



Bucks 50 Plus Forum February 2012 Update

www.bucks50plus.org

Issue 41

Better Healthcare in Bucks Proposals

A public consultation was launched on 16th Jan on proposals to develop health services in Bucks. **Between now and April 16**, patients and the public will have an opportunity to contribute views and ideas on the proposals and this feedback will be considered in detail before any changes go ahead. Lots of info here so W = Wycombe Hospital and SM = Stoke Mandeville Hospital

The proposals recommend making changes to:

- emergency care
- general medical inpatient care
- specialist 'networked' vascular services.
- elderly care
- breast care

Better Healthcare in Bucks set out to ensure that:

- comprehensive and expanded community services supporting patients closer to homes
- a full range of general acute services continue to be provided from W and SM hospitals
- specialist acute services are provided by dedicated centres at SM or W Hospitals

The proposals set out to:

- refocus the emergency medical services at W supported by the A&E departments at SM and Wexham Park hospitals
- centralise specialist inpatient care for emergency medicine, respiratory, gastroenterology, medicine for older people and diabetes at SM, and specialist stroke and cardiac services based at W
- centralise and create a specialist breast care centre at W, to provide initial assessment and out-patients for people with breast problems

The following new services are also proposed:

- day assessment unit for older people at W
- step-down ward for elderly & medical patients at W for 24 hr hospital care without specialist input
- urgent next-day outpatient appointments to help patients avoid hospital admission
- full specialist diagnostic support for GPs to better manage patients in the community or at home.

Consultation events	Consultation Meetings	Date	Time
	Buckingham Community Centre	Wed. 8 February	18.30-21.30
	Evreham Centre - Iver	Mon. 13 February	14.00-17.00
	The Oculus - Aylesbury	Tues. 21 February	14.00-17.00
	Chesham Community Hall	Mon.27 February	10.00-13.00
	King's Centre - Wycombe	Tues. 28 February	10.00-13.00

There will also be sessions in libraries where you will have the chance to ask questions
Amersham Library - Tuesday 6th March 10am to 12 midday, High Wycombe Library – Tuesday 13th March 10am to 12 midday and Aylesbury Library – Tuesday 20th March 11am to 1pm

These proposals have been criticised by some so please do take this opportunity to find out more. You can access the information at www.buckinghamshire.nhs.uk/bhib/ click then on Engagement. Or call Bucks NHS on 01494 552256 to get a paper copy of the full document or call Andy on 01296 622122 as I also have some copies

Winter is here

Winter is here and you may know someone who would benefit from cavity wall and loft insulation. They can slice about £300 off energy bills per year and as part of energy efficiency obligations, energy firms are making great offers. Here is a round up of the current offers



Free cavity wall AND loft insulation for ALL via EDF Energy — you don't have to be an EDF customer . This is an ongoing offer, for about 200,000 homes. Apply online www.edfenergy.com/products-services/for-your-home or call 0800 015 7785.



Free insulation plus 2,500 Tesco Clubcard pts. Points if on certain benefits, worth up to £100 in Rewards. Open for everyone, even non-customers, if your home's suitable. Check suitability on the Tesco Home website www.tescohomeefficiency.com/free-insulation Can apply online or call 0800 321 3456.



Free cavity wall & loft insulation PLUS £100 cash. Available to everyone, if your home's suitable AND you receive certain income-related benefits, even non-customers. Check suitability on Eon site www.eonenergy.com/Janoffer.htm , then apply online or call 0845 302 4253. Eon estimates all installations will be completed within three months of registering, and will take a day to do.



Free cavity wall or loft for British Gas customers. You don't need to be on benefits or over 70 Register by 31 July 2012, installed by 31 Dec 2012. Check suitability on the British Gas website, www.britishgas.co.uk/freeinsulation or call 0800 980 8177.

Information from MoneySavingExpert.com

Also don't forget that the Buckinghamshire Community Foundation has the Big Heat Fund which they want to spend by the end of April. The Big Heat Fund provides grants to voluntary organisations that are helping older people to stay warm and healthy during the winter months. Grants of up to £2,000 are available, **the success rate for this fund is very high**. Please go to the website to complete the Expression of Interest form. www.bucksfc.org.uk or call Bev Trevitt on 01296 333774



Dementia 2012: the state of the nation conference

Monday 26 March 2012, Hotel Russell, Russell Square, London

10-3.30pm (registration and coffee from 9.30am)

The conference will launch the first report in a series that will chart UK progress towards living well with dementia and the road ahead. Findings will be based on outcomes that matter to people with dementia and carers.

This is your chance to be the first to hear these findings and help debate the dementia agenda for the year ahead. Dementia is a societal challenge and the conference is for all those who would like to join the conversation about good quality of life for people with dementia in 2012 and beyond.

Confirmed key note speakers include:

Ian Sherriff, Researcher at the University of Plymouth on the work to make Plymouth a dementia friendly city

Sally Chandler, Programme Manager, Valuing Older People, from Manchester age friendly city team.

If you would like to attend the conference, you can go to www.alzheimers.org.uk/dementia2012. or call 0845 300 0336. **There is no charge for people with dementia and carers** & lunch and a copy of the report will be included. For further information please contact Linda Bennett on: lben-nett@alzheimers.org.uk

Transforming Day Services in Buckinghamshire
Helping vulnerable people to have a good day

Meet the Providers

In Wycombe, Aylesbury or Chesham
February 2012

An opportunity to find out about the range of activities and support services for vulnerable adults in Buckinghamshire

If you, or someone you care for, want to:

- stay independent at home
- be more involved in your local community
- do something more meaningful with your day

Drop in between **10 am and 1 pm** and meet the organisations who can help:

15 February
Chesham

Endeavour Day Centre
Cameron Road
HP5 3BP

22 February
High Wycombe

Hillcrest Day Centre
Coronation Road
HP12 3RP

23 February
Aylesbury

Bierton Hill Centre
3 Bierton Road
HP20 1EE

For more information telephone:

01296 382173 or email asccommms@buckscc.gov.uk

choice&control
because every adult matters



Stay Steady, Stay Strong.

Do you ever feel unsteady?
Are you concerned about falling?
Or do you know an older person who would answer yes?
Then read on!

Stay active and maintain your independence.
Join us in group based exercise.

Make new friends, and have fun as we improve our strength and balance... We hope to see you soon.

Classes are being held at the following venues throughout 2012

- > High Wycombe, YMCA,
- > Aqua Vale Fitness Centre, Aylesbury
- > Swan Pool, Buckingham
- > Princes Risborough Community Centre
- > Chalfont St Peter Leisure Centre
- > Chesham Leisure Centre

For further details please contact:

GET FIT AVOID FALLS TEAM Tel No. **0844 2252 403**

Falls Prevention and Management
BUCKINGHAMSHIRE

Your instructor is "Postural Stability" trained and accredited to work with older people

NHS
Community Health Buckinghamshire
...your first choice for excellence in community based healthcare



Buckinghamshire Adult Learning

FREE

How to share your love of craft

Advanced Booking Required

Tuesdays 21st February to 13th March 2012
10am – 1pm

Church of the Good Shepherd, Church Square, Aylesbury HP21 8EY

Learn tips and techniques for running successful group craft activities including:

- ◆ preparing sessions
- ◆ finding resources cheaply
- ◆ finding out what equipment you need

To book a place contact Christine Frost
01296 382033/07921 404780 or email cfrost@buckscc.gov.uk

This is an introductory course aimed at people willing to volunteer in future to lead craft sessions in their local communities. It does not lead to a teaching qualification



www.adultlearningbcc.ac.uk
Join us www.facebook.com/BuckinghamshireAdultLearning
We welcome Text Relay calls prefix 18001



Health and Wellbeing Day

Wednesday 29th February 2012

The Memorial Centre Gerrards Cross
9.30am to 12.30pm

FREE ADMISSION, Live entertainment and refreshments will be available.

Come along for a fun packed day with information and advice on a range of health and wellbeing services. Free mini health checks provided. For further details Tel: 01895 837379 E-mail: kamla.joshi@southbucks.gov.uk



Buckinghamshire and Oxfordshire Cluster



South Bucks
District Council



www.bucks50plus.org

Contact Details for the Bucks 50 Plus Forum

Tel : 01296622122

E-mail : bucks@bucks50plus.org

Bucks 50 Plus Forum, PO Box 787, Chesham, HP5 9AE

Bucks 50 Plus Forum Meeting 2012 Dates

Wednesday, 14th March (Revised date)

Wednesday, 16th May

Wednesday, 18th July

Wednesday, 19th September

Wednesday, 21st November

All meetings take place at 10a.m. at The Hub, Union Baptist Church, High Wycombe.

All are welcome. Please contact Andy Trueman on 01296 622122 if you need directions

Local Older Peoples Action Group (OPAG)

Meetings take place regularly around Bucks.

Check out the website for information or contact Andy on the number above

Diary Dates

8th February Grandparents Association Support Meeting at 7pm at The Holiday Inn Hotel, Aston Clinton Road, Aylesbury HP22 5AA, Feel free to just turn up

10th February Alzheimer's Society Quiz Night 7pm at the Buckingham Community Centre, Buckingham, MK18 1RP. Teams of 6, £10 per head including buffet supper & cash bar. Enquiries Alzheimers Society 01296 331722

16th February Bucks Community Funding Fair at the Clare Foundation in Saunderton from 13.00 – 18.00

Contact Liz Evans to book a place 01296 585256 or levans@aylesburyvaledc.gov.uk

1st March Changing the perception of retirement - Free Event in London 4.00pm at the Institute of Actuaries, Staple Inn Hall, High Holborn, London WC1V 7QJ

Reserve your place at:

<http://retirementperceptionlondon.eventbrite.com/>

7th March Dementia Event 'Behaviours that Challenge' The Best Western Hotel, A421 Ring Road South, Buckingham MK18 1RY 10-3. To attend contact Alzheimer's Society (Aylesbury & Buckingham) The Tower, 42 Wedgewood Street, Fairford Leys, Aylesbury, HP19 7HL 01296 331722 or aylesbury@alzheimers.org.uk

14th March Grandparents Association Support Meeting at 7pm at The Holiday Inn Hotel, Aston Clinton Road, Aylesbury HP22 5AA, Feel free to just turn up

adult social care... because every adult matters

choice & control
with director support

Specification Workshops for the Day Opportunities Centres

We are holding a series of workshops around the county, inviting professionals, service-user and carer representatives, and providers who have an interest in Day Services, to help us develop the specification for the support and care needed in the new Day Opportunities Centres

Engagement Workshops to Develop the Specification

Wednesday 15 February
2 to 4.30 pm

Chiltern District
Chesham Town Hall
Chesham
HP5 1DS

Pay & Display car park adjacent

Thursday 16 February
2 to 4.30 pm

Aylesbury Vale
Green Park Conference Centre
Stablebridge Road
Aston Clinton
HP22 5NE
Ample free parking

Thursday 16 February
6 to 8.30 pm

South Bucks
Bumham Conference Centre
Wymers Wood Road
Bumham
SL1 8JG
Ample free parking

Wednesday 22 February
2 to 4.30 pm

Wycombe
Reggie Goves Centre
Pauls Row
High Wycombe
HP11 2HQ
Pay & Display at Swan Theatre car park

For more information or to reserve your place:

Phone: 01296 383 246

email: csibusiness@buckscc.gov.uk

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badminton

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court for over 50's

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- Join us every Thursday 10.30am-12pm
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